



## A Fencing Coaching Practical Approach (2<sup>nd</sup> instalment)

Saturday 24th February 2018 10:30am - 4:30pm

**Venue: Hood Park Leisure Centre  
11 North Street  
Ashby de la Zouch  
Leicestershire  
LE65 1HU**

**Cost: £10**

Following on from the recent highly successful course held before Christmas in Birmingham the Academy is pleased to announce the second instalment. A practical coach education/training day has been arranged for the above date and times.

**Again a number of BAF Masters have agreed to staff the day,**

The content of the course will largely be driven by those attending. The tutors will cover the topics you wish to see and answer the questions you ask.

We have already been asked to expand on some of the topics from the last course including:

- **Compulsory Elements with knobs on** – putting the fun back in compulsories
- **Anything but routine lessons**
- **Practical coaching mixed ability groups in clubs**
- **The secret of passing exams. Top Coaching tips.**
- **Imitating the varied conditions for successful execution of actions on the piste.**
- **Tactics based on observation** – recognising patterns of behaviour on the piste and exploiting them.

These are some of the topics suggested BUT, attendees on the day will be encouraged to ask for answers to their own particular situation and coaching level/weapon.

Fencers who want to learn about coaching and coaches who want different ideas are welcome!

This day is open to all coaches, so pass the word. It's important to bring lunch and a sense of humour. Please return the slip below asap.

Ashby de la Zouch is a little market town with shops and little cafes. There is also Ashby Castle if people want to kill some time.

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I would like to attend the Ashby de la Zouch coaching day and enclose a cheque for £10 to reserve my place.

Name ..... Contact no. ....

Email: .....

If you wish to apply for the course or obtain further information please contact the course officer Mrs Jacqueline Redikin:

[jredikin@hotmail.co.uk](mailto:jredikin@hotmail.co.uk) or via post 10 Beverley Ave, Davyhulme, Urmston, Manchester, M41 0RY, England, United Kingdom.